A NONPROFIT OUTREACH PROGRAM OF VISTA VERDE HOMES, A 501(C)(3)

Consent to Receive Text Messages (SMS)

Text messages are optional. This is what you agree to if you choose to receive them.

Consent version	Issued	Applies to
2026-10-23.v6	October 23, 2026	medicaidmeals.org

Medicaid Meals helps people understand and reach Medicaid nutrition programs. **Agreeing to text messages is optional.** Our eligibility screening form has a separate text-message box next to the phone number field. It is unchecked when the form opens, and you can send the form and get help without checking it. If you do check it, you agree to let us contact you by text message and phone call about the help you asked for. This page explains what that means and how to stop the messages at any time.

1. The consent language on our form

This is the exact wording shown next to the optional text-message box, directly under the phone number field on our eligibility screening form. When you check the box, this wording is recorded with your consent, so there is a permanent record of what you agreed to.

SHOWN ON THE ELIGIBILITY SCREENING FORM (BOX UNCHECKED BY DEFAULT)

“Optional: check this box to receive informational text messages and calls from Medicaid Meals (Vista Verde Homes) at the phone number provided, using automated and artificial voice technology, about your eligibility screening, referrals, application status, and available services. Consent is not a condition of service. You can submit this form without checking it. Consent is not required to submit this form or to receive services.”

“Text messages (optional)”

“Optional: check this box to receive text messages and calls about my screening, referrals, application status, and available services. (optional)”

“SMS consent is optional. You can leave this box unchecked and still submit this form and get help; we will reach you by email instead, or you can email info@medicaidmeals.org. Consent is not a condition of service. These are informational messages, not marketing. Message frequency varies. Message and data rates may apply. Reply STOP to opt out or HELP for help. Privacy Policy and Terms and Conditions.”

2. What this means in plain language

- Checking the box is your choice. If you leave it unchecked, you can still send the form, and we will not text you.
- If you check it, you are giving permission for Medicaid Meals to text or call you about your own request for help.

- You can take the permission back at any time, for any reason, and you do not have to give a reason.
- Saying no, or taking it back, does not affect your Medicaid coverage, your health plan, or your ability to get nutrition help another way.

3. What we send, and what we never send

We may text you about: your eligibility screening and what comes next; reminders to finish an application; referral and application status updates; answers to a question you asked us.

We never send: promotional marketing; sales offers; messages on behalf of a company that paid us; your phone number sold or rented to anyone.

How to stop the messages

Reply STOP to any message. We will remove you and send one confirmation message. After that, you will not receive further text messages from us.

Reply HELP to any message to get help, or email **info@medicaidmeals.org** at any time.

If you stop the messages and later want them again, you can complete a new screening and check the box, or email us and ask.

4. Message frequency and cost

Message frequency varies and depends on where you are in the process. Medicaid Meals does not charge you anything for text messages. Your mobile carrier may still charge you for messages and data under your own plan, and carriers are not responsible for delayed or undelivered messages.

5. Your information

When you consent, we keep a record so we can show that the consent was given and honor it:

- Your phone number
- The messages sent and received, and when
- The consent record itself, including the version of the wording you saw and the language you saw it in

We do not sell or rent mobile numbers. Information you give us that relates to your health is handled under our Privacy Policy and HIPAA Notice.

6. Consent is optional

Saying yes to text messages is optional and is never a condition of sending the eligibility form or receiving services. You can ask for help, complete a screening, and be connected with a nutrition program without ever agreeing to text messages. If you prefer, we can reach you by email instead.

7. Questions

Email **info@medicaidmeals.org**. Medicaid Meals is an outreach program of Vista Verde Homes, a 501(c)(3) nonprofit organization, EIN 99-1152633.

This document summarizes the disclosure shown at the point of consent. The full policies govern and are available at medicaidmeals.org/en/sms-tcpa (SMS/TCPA Policy), medicaidmeals.org/en/privacypolicy (Privacy Policy), and medicaidmeals.org/en/termsofuse (Terms of Use). Medicaid Meals does not determine eligibility, authorize benefits, prepare meals, or deliver meals.